

# COUNSELORS PER STUDENT



TEXAS A&M  
UNIVERSITY

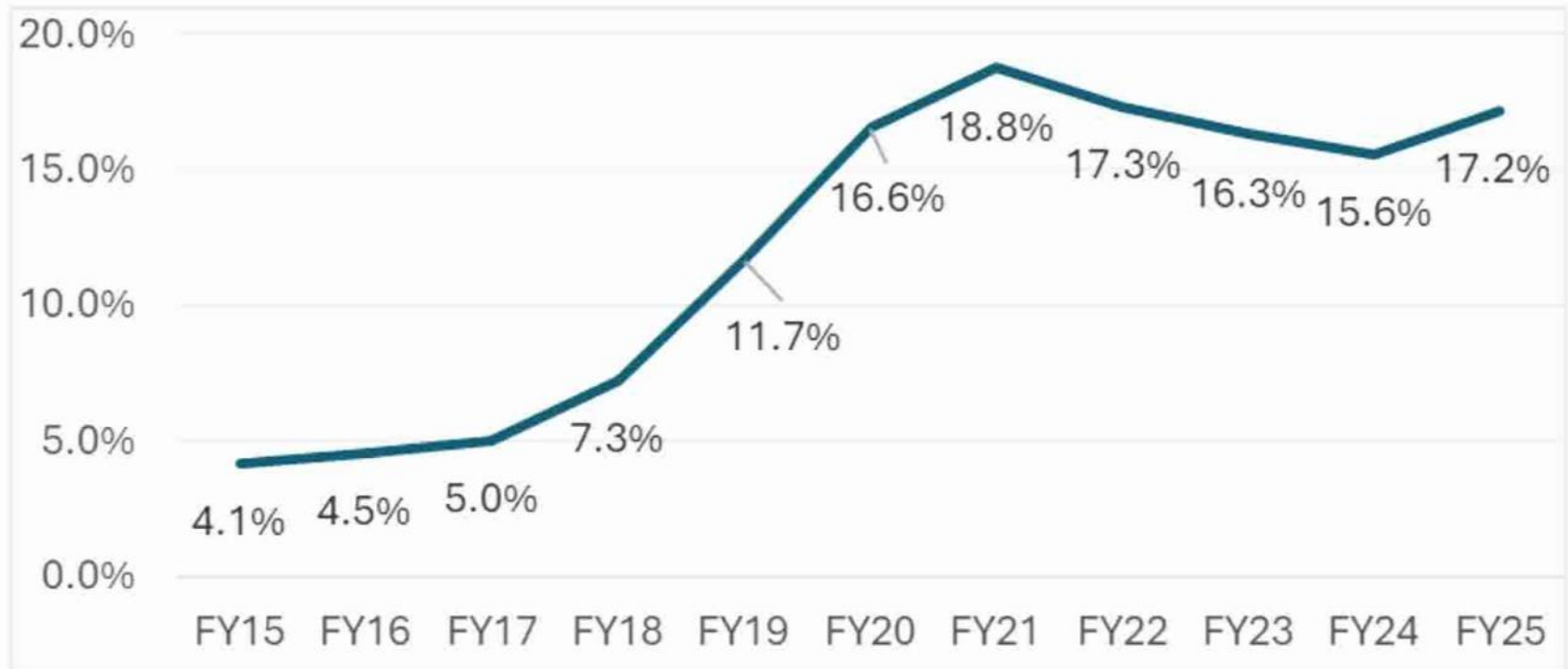
- **STUDENT POPULATION SERVED: 78,741\***
- **COUNSELING STAFF**
  - 47 Total providers/trainees.
- **Ratio**
  - 1:1,968 (1:1,500 or better is best practice).
  - 12 additional providers to achieve ratio.
- **Clinical load for Texas A&M Counselors is higher than 83% of the national sample of college counseling centers (ACHA).**
  - Short-Term care prioritized

\*Does not include Texas A&M University – Galveston or TAMUQ

image from the Texas A&M system



## Percentage of Medical Visits Resulting in a Mental Health Diagnosis



# APPOINTMENT WAIT TIMES



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- **CRISIS WAIT TIME**
  - No wait. Crisis counselors available 8am-5 pm weekdays.
- **INITIAL VISIT AFTER CRISIS**
  - Based on acuity and risk: 0-9 days
- **INITIAL VISIT AFTER NON-CRISIS**
  - Average wait time 5 – 8 days
- **FOLLOW-UP VISITS**
  - Based on acuity and risk: 1-15 days
- **MANAGING AFTER-HOUR CRISIS**
  - 911
  - 988
  - Telus 24/7
  - UPD counselor co-responders (2)
    - Weekdays (7 a.m. to 10 p.m.)

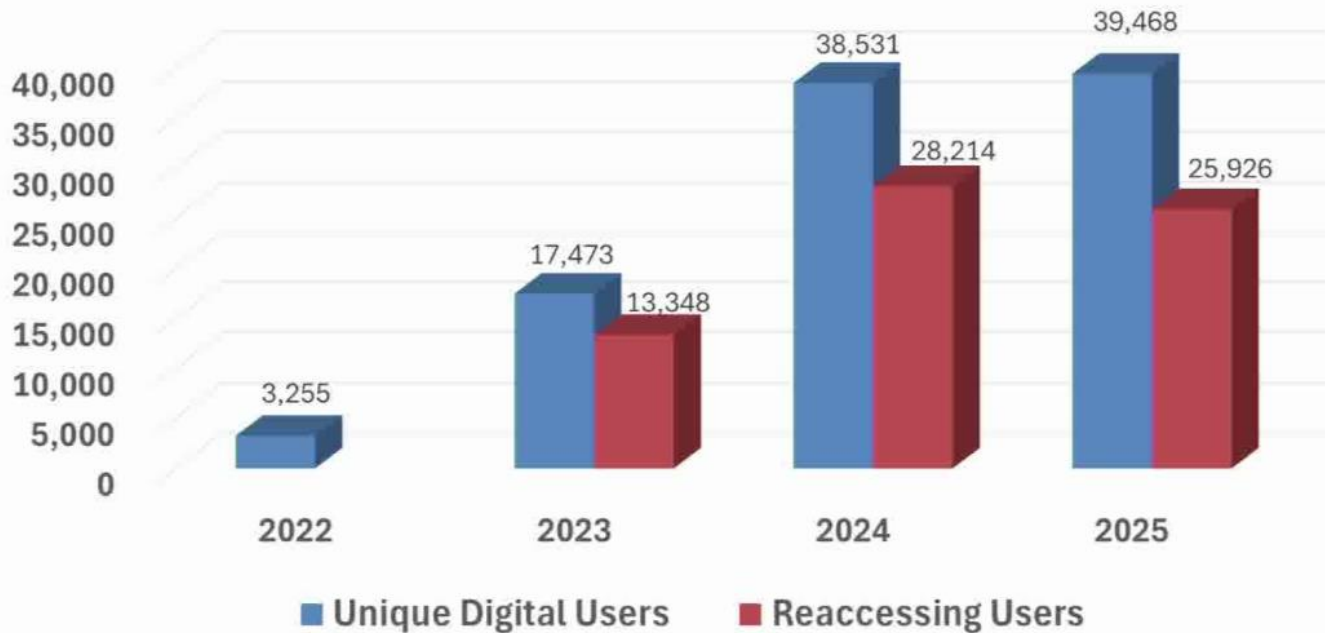
# TELUS UTILIZATION

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### Texas A&M University Telus Users 2022-2025



# COUNSELING LOCATIONS



TEXAS A&M  
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## MULTIPLE SITES TO BALANCE ACCESS AND PRIVACY

- **Student Services Building**
  - 4<sup>th</sup> Floor Check-In
- **Other Main Campus and off-site locations**
  - Texas A&M University academic and administrative spaces (11 buildings across campus)
  - McAllen Higher Education Center
  - Fort Worth School of Law
  - Dallas College of Dentistry



# THREE-YEAR SUICIDE TRENDS



TEXAS A&M  
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image from the Texas A&M system

## THREE-YEAR STUDENT DEATH DATA

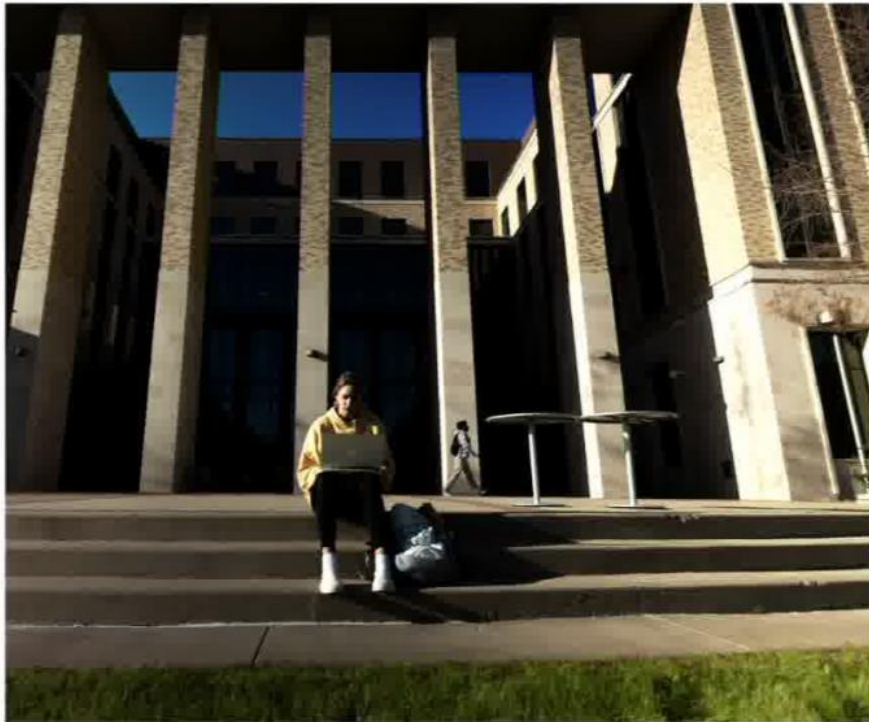
ACADEMIC YEAR	SUICIDE	OTHER CAUSES	TOTAL	SUICIDE %
2023–24	3	7	10	30%
2024–25	5	9	14	35%
2025–26* 8 months of data	8	6	14	57%

# AVAILABLE TRAININGS



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image from the Texas A&M system



## Students

- **SB 532 (2023) requires all new students to complete mental health and suicide awareness training during the first semester of enrollment.**
  - **24,583 students trained this year.**

## Faculty and Staff

- **TrainTraq #2114841: “Mental Health Awareness and Suicide Prevention Training for Texas A&M University Faculty and Staff”**
  - **Total trained this year = 454**
    - **Highest Divisions:**
      - **Student Affairs = 97**
      - **Operations = 93**

# AVAILABLE TRAININGS (CONT.)



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image from the Texas A&M system



## Near Completion

- **A Philanthropic gift from the WoodNext Foundation supported the creation of a TAMUS-wide virtual simulation training on how to support and communicate with students in distress. This resource will be available to all TAMUS faculty, staff and students.**
- **"Talk Saves Lives"**
- **"Mental Health First Aid"**

# RECENT INITIATIVES

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## JED Campus Program

### Clinical Care and Prevention Programming

- University Health Services provides integrated care for eligible students.
- Counseling and medical providers share electronic health records, supporting students at a higher level of care.
- Prevention team members include health educators and Aggie Peer Advocates, who deliver holistic well-being services and programs.

## Events, Programs, and Activities

- Aggie Peer Connect
- Howdy Health Fair
- Vision Clinics
- Nutrition Education
- "Good Health is Good Bull" podcasts
- Mental Health & Suicide Awareness Week
- Wellness Wherever You Are
- Others: Blender Bikes, Resources Tables, and Trainings

**499 events, programs, & activities  
reaching 19,989 students**

# OPPORTUNITIES / CHALLENGES



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**University Health Services is in need of a visionary new facility to support student care.**

- Current Student Health Center built as a hospital in 1972 when enrollment was 16,000.

**Need additional 12 full-time counselors to meet best practice ratio.**

**No facilities for health care/mental health on the TAMU West Campus (serving over 20,000 students per day).**

image from the Texas A&M system

## Student Health Fees at Public Institutions

- Numerous institutions include the Student Health Fee in Tuition.
- Other institutions have moved to requiring students to purchase institutional health insurance.
- TAMU's current \$75.00 Student Health Fee per semester is lower than 32 of 33 comparable institutions.
- Average Fee = \$172/sem.

INSTITUTION	FEE	Louisiana State	\$185	Georgia Tech	\$139
Minnesota	\$528	Clemson	\$182	Virginia Commonwealth	\$134
North Carolina State	\$470	Old Dominion	\$170	Indiana	\$133
Michigan	\$262	Florida State	\$168	Kentucky	\$131
Illinois	\$259	Iowa	\$166	Arkansas	\$122
Kansas	\$245	Arizona State	\$160	Ohio State	\$112
Georgia	\$217	Nebraska	\$160	Missouri	\$111
North Carolina	\$205	Iowa State	\$159	Texas Tech	\$95
Colorado	\$204	Kansas State	\$157	Oklahoma	\$90
Florida	\$190	Louisville	\$150	TEXAS A&M	\$75
South Carolina	\$190	Central Florida	\$140	Oklahoma State	\$64