

Enhancing Student Safety and Care at CSISD High Schools

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Proposal Summary

- **Request:** Addition of one Athletic Trainer (AT) per high school (AMCHS and CSHS).
- **The Current Challenge:** Current AT's are working approx. 300+ hours/month with frequent coverage gaps during overlapping events for a large amount of student-athletes.
- **The Benefit:** Adding a 3rd AT would enhance student safety & rehabilitation while also limiting lapses in on-site medical support.
- **Goal:** Ensure high-quality care and safety for over 2,400 students while preparing for projected district growth.



Patient Volume: Injury Data

Data from Fall Semester 2025:

- Daily Demands - workdays consistently exceed 12-16+ hours
- Student Volume (Fall 2025):
 - AMCHS: 3,605 ATR sign-ins; 2,793 treatment sessions
 - CSHS: 5,787 ATR sign-ins; 5,787 treatment sessions
- Injury Data (Fall 2025):
 - New Injuries: 1,375 total (655 at AMCHS, 720 at CSHS)
 - Concussions: 68 total cases managed
 - Fractures: 61 broken bones
 - Surgeries: 46 injuries requiring surgical intervention
- Current AT to Student Ratio: ~ 1:600-1:700, far exceeding recommended safety standards



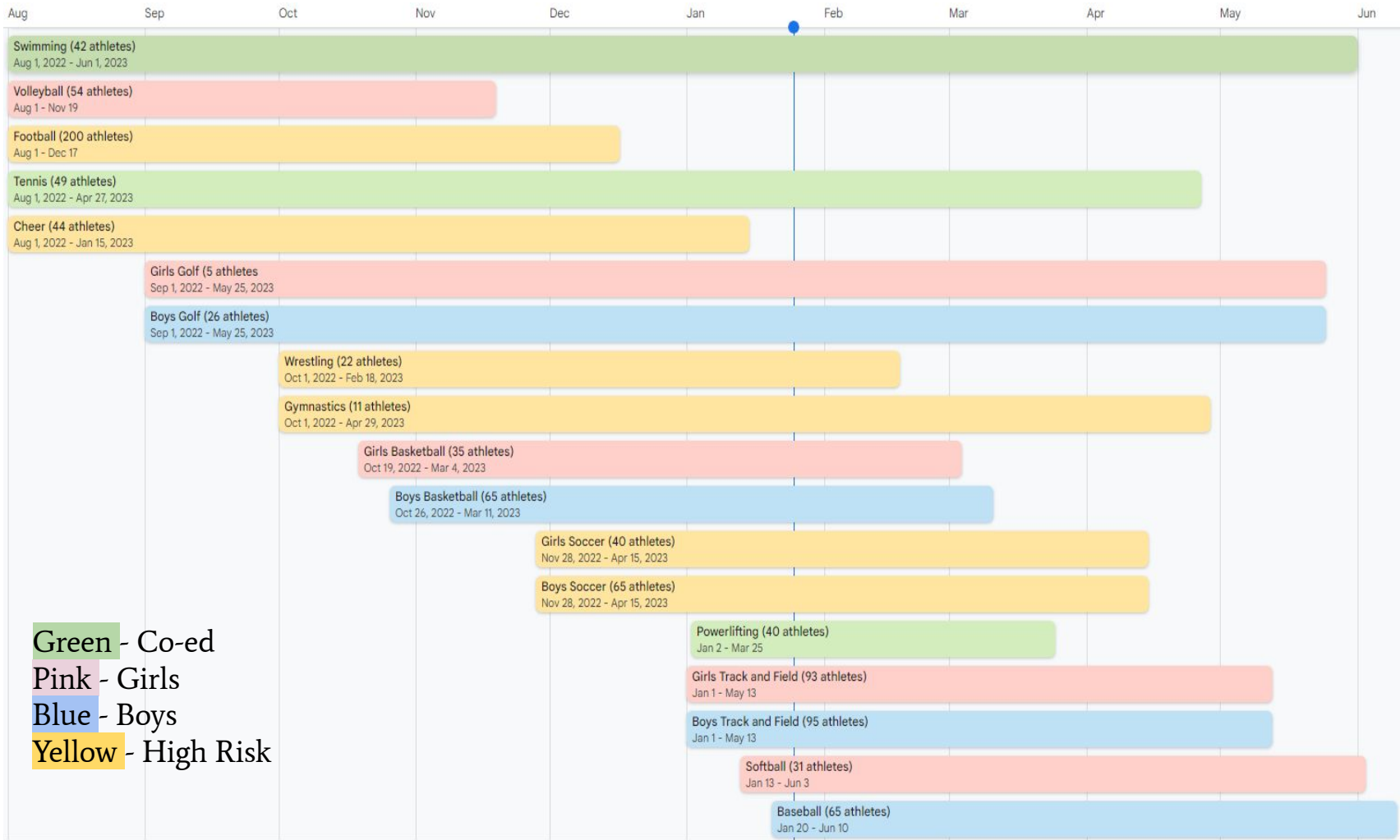
Coverage Gap: Safety Concerns

There are several areas where current staffing limitations create “gaps” due to limited or unavailable coverage.

- Simultaneous Events: UIL scheduling creates a high overlap of sports seasons causing multiple events to be hosted on any given day.
- Events/Practices Without On-Site Coverage
- Limited On-Campus Presence in certain cases
 - 91 instances of “1 or No AT on Campus” due to staff travel for off-campus events
- Use of Contract Athletic Training Services



In Season Coverage Overlap



Examples of Multiple Events Creating Coverage Gaps

TUESDAY	FRIDAY	TUESDAY	FRIDAY
February 3	February 6	February 17	February 20
<p>Boys Basketball 5/6:30 Girls Soccer 5/6:30 Baseball Scr 5:00/7 Softball Scr 4:30/6:00</p>	<p>Region Wrestling (Legends) 7:00am-5:00pm - end time does not reflect clean up & travel back to campus. Girls Basketball 5:00/6:30 Girls Soccer 5:00/7:00 Softball 4:30/6:00 Baseball 5:00</p>	<p>Softball 4:30/6:00 Boys Soccer 5:00/7:00 Girls Basketball Playoff 6:30pm (Off-Campus ½ day)</p>	<p>Girls Soccer 5:00/7:00 Baseball Tournament 9:00/11:30/2:00/5:30/8:00 Girls Basketball Playoff 6:30pm (Off-Campus ½ day)</p>

AT not on Campus or out of Athletic Training Room

Inside Sport

Outside Sport



Benefits of Increased Staffing

Primary Benefit

- Proactive Investment in Student Safety: Increased staffing strengthens risk management by ensuring consistent on-site medical coverage, particularly during simultaneous home events and high-risk contact sports.
- Enhanced Quality of Care: Greater staffing capacity allows the medical team to move beyond basic evaluations and treatments to deliver comprehensive rehabilitative care.
- Improved Student Outcomes: Enhanced care supports faster recovery times and reduces the risk of re-injury, promoting long-term student health and performance.



Benefits of Increased Staffing

Additional Benefits

- By hiring additional staff, CSISD would reduce reliance on expensive contract labor and ensure every student receives care from an individual they know.
- **Reduced Medical Expenses:** On-site care can decrease costs incurred by families by limiting unnecessary trips to the ER as well as provide an extension to the student's physical therapy clinic.

Average Cost per Visit

Emergency Room Visit	\$1,000-\$3,000 for minor issues, costs depend heavily on treatment (x-rays, CTs, casts, stitches) and insurance coverage
Ambulance Ride	\$900-\$1,500 plus mileage
Physical Therapy Visit	\$75-\$350 out-of-pocket \$20-\$60 with insurance co-pay



Benefits of Increased Staffing

Benefits For Our Families, cont.

- **Minimized Academic Disruption:** By providing immediate rehabilitative care and efficient injury management, athletic trainers help decrease student absenteeism.
- **Expert Medical Guidance:** Families benefit from having a licensed medical professional on-site to make informed health decisions, sparing parents or coaches from the responsibility of making complex medical determinations.



Current Structure & Compensation

Current Athletic Training Structure:

- Head Athletic Trainers: 207-Day Contract on an Administrator Payscale
- Assistant Athletic Trainers: 187-Day Teacher Contract plus stipend (\$13,000)
 - Assistant Trainers also teach 2-classes per day

Additional Athletic Trainer would cost 1-additional FTE per campus plus \$13,000 stipend

- Would lower ratios from 1:600 to 1:400 at the high schools for AT's to student-athletes.
- Would also help with class sizes by adding additional teaching units



Thank you for your consideration!

