



# **Health & Physical Education**

School Board Update on Legal Requirements  
and Instructional Materials Adoption

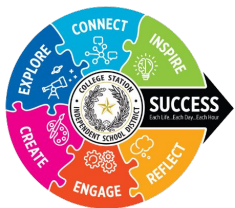


# Agenda

- Courses in CSISD
- TEKS Changes
- 2021 Legislative Changes
- Proclamation 2022
  - Instructional Material Adoption
- EHAA (LEGAL) & Human Sexuality Instruction in CSISD



# **2022-2023 and Beyond H/PE Courses in CSISD**



# **H/PE in CSISD 2022 - 2023 & Beyond**

## Elementary

- PE: CAMP Rotation (150 min / week)
- Health: Coordinated School Health
  - Nurses, counselors, teachers

## Intermediate

- PE: Daily Full Year Course
- Health: Coordinated School Health



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**No  
Change**



# **H/PE in CSISD 2022 - 2023 & Beyond**

## **Middle School Starting 2022**

- **PE: Students enroll in either athletics or physical education in both 7th & 8th Grade**
  - Athletics – Full Year
  - PE in 7th Grade – 1 Semester
  - PE in 8th Grade – 1 Semester



# **H/PE in CSISD 2022 - 2023 & Beyond**

Middle School Starting 2022-2023

Health: All students take Health in 7th grade

- 0.5 Credit Course
- TEA requires Health to be required at least once during grades 6-8



# **H/PE in CSISD 2022 - 2023 & Beyond**

## High School

- 1.0 PE Credit required for graduation
  - Course Offerings Include
    - Lifetime Fitness & Wellness Pursuits
    - Skill Based Lifetime Activities
    - Lifetime Recreation & Outdoor Pursuits
  - Non-PE Course Substitutions (Athletics, Drill Team, Marching Band, Cheerleading)





# **H/PE in CSISD 2022 - 2023 & Beyond**

## High School

- Health 1 (1.0 elective credit)

\*Health is not required in high school for graduation



# **H/PE TEKS Changes**



# H/PE TEKS Changes

New Health & Physical Education TEKS Adopted by the State Board of Education & TEA

- Health November 2020
- PE November 2021

New Health & PE TEKS take effect August 2022



# **Legislative Changes**

## **HB 1525**



# Legislative Changes - HB 1525

## Open Meetings Act Requirements for SHAC Meetings

- Post agendas with dates, hour, place, and subject of the meeting at least 72 hours in advance
- Audio record meetings and post on district website
- Take minutes with subject, content of deliberation, each vote, order, decision and other action taken by the council and post on the district website



# Legislative Changes - HB 1525

## Parental Notification for Human Sexuality Instruction

- Before the school year, the district must provide written notification to parents about the Board's decision regarding Human Sexuality Instruction
- If Human Sexuaility Instruction is provided, notification must include: (next slide)



# Legislative Changes - HB 1525

## Parental Notification cont.

- If provided, notification must include:
  - A statement regarding the state law
  - A detailed description of the content along with a general schedule for instruction
  - A notice that parents can review materials or purchase a copy
  - That parents can remove their child from any part of instruction
  - That parents can use the grievance process or TEA complaint process



# Legislative Changes - HB 1525

## Opt-In Process for Human Sexuality Instruction

- Schools must obtain written consent from the parent **PRIOR** to providing human sexuality instruction
  - The consent form cannot be combined with any other documents
  - Must be provided at least 14 days prior to the first day of instruction

**PLEASE NOTE:** This is an active consent. If parents do not provide consent, students will not receive instruction related to Human Sexuality Topics.





# Legislative Changes - HB 1525

## Instructional Materials Access

- Materials used in the public domain must be posted on the district website
- Copyrighted materials may be reviewed by parents during regular business hours at the school, district, publisher, or online through a secure system
- The district contract with publishers must ensure that parents are able to purchase a copy at a per unit cost no greater than what the district paid



# Legislative Changes - HB 1525

## Adoption of Instructional Materials

- Specific policy for adoption of human sexuality instructional materials that includes the SHAC
- Must hold at least 2 public meetings for the IMA before the adoption
- SHAC Recommendation must comply with instructional content requirements in law, suitable for the grade level of instruction, and reviewed by academic experts
- SHAC present recommendations to the Board at a public meeting
- After the Board ensures the recommendations meets the standards in the law, the board shall take action by a record vote at a public meeting



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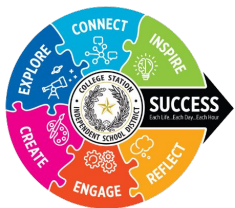
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- **April 19, 2022 Regular Board Meeting Agenda Item**
- **The Board will be asked to take action in the regular board meeting on May 17, 2022**



# Proclamation 2022



# Proclamation 2022

CSISD has been in the process of reviewing instructional materials for Health & PE

## Timeline:

- February 21 – Teacher Review of Instructional Materials
- February 28 – SHAC Review of Instructional Materials
- March 7 (12:00 pm & 5:00 pm) – Public Meeting for Review of Instructional Materials
- March 23 – SHAC Meeting to develop recommendation of Instructional Materials Adoption

## **Physical Education**

Elementary: QuaverEd

Intermediate: CATCH

Middle School: CATCH

High School: Goodheart-Willcox

## **Health**

Elementary: QuaverEd

Intermediate: N/A

Middle School: Goodheart-Willcox

High School: Goodheart-Willcox







# **EHAA(LEGAL) & Human Sexuality Instruction in CSISD**

## Content of Human Sexuality Instruction

### Definitions

"Human sexuality instruction," "instruction in human sexuality," and "instruction relating to human sexuality" include instruction in reproductive health.

"Curriculum materials" includes the curriculum, teacher training materials, and any other materials used in providing instruction.

Education Code 28.004(p)

### Board Selection

The board shall determine the specific content of a district's instruction in human sexuality.

Education Code 28.004(h)

The board shall select any instruction relating to human sexuality, sexually transmitted diseases, or human immunodeficiency virus (HIV) or acquired immune deficiency syndrome (AIDS) with the advice of the SHAC. The instruction must:

1. Present abstinence as the preferred choice of behavior for unmarried persons of school age;
2. Devote more attention to abstinence than to any other behavior;
3. Emphasize that abstinence is the only method that is 100 percent effective in preventing pregnancy, sexually transmitted diseases, infection with HIV or AIDS, and the emotional trauma associated with adolescent sexual activity;
4. Direct adolescents to a standard of behavior in which abstinence before marriage is the most effective way to prevent pregnancy, sexually transmitted diseases, and infection with HIV or AIDS; and
5. Teach contraception and condom use in terms of human use reality rates instead of theoretical laboratory rates, if instruction on contraception and condoms is included in the curriculum.

**EHAA(LEGAL)**

Updated November 2021

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**EHAA(LEGAL)**

Updated November 2021



# Next Steps

- Receive SHAC Report and Recommendation in tonight's regular board meeting – No Action Required or Requested as a part of tonight's workshop or meeting
- Review information from this update and the SHAC Report and Recommendation
- Receive updates and information in weekly transmittal
- Board Vote in the regular board meeting on May 19, 2022 to adopt the instructional materials with or without the contraception and condom use in terms of human reality rates instead of theoretical laboratory rates.



# Questions / Comments