

# What “guides” a CSISD Counselor?

---

May 19, 2020 Board Report



# Guidance and Counseling In CSISD - Overview

## What does Guidance and Counseling mean?

It refers to the services and programs that promote

- personal
- educational
- career development

The role of school psychologist and guidance counselor are often confused, but they have very different functions within a school.

- School psychologists focus on mental health services for Special Education students
- Guidance counselors provide more academically focused services.



# Mental Health Counselors

**School Guidance Counselors are supported by the districts 2 Mental Health Counselor's.**

**We have 2 Mental Health Counselor's district wide: They are available, on call, to support the guidance counselors with students and/or families in crisis.**

- **One is assigned to grades 7 to 12**
- **One is assigned to grades pre-k to 6**

**New this year: CSISD has started allowing Private Practice Counselors to come into the schools and do private counseling during the school day. Each Counselor has a background check and is trained on the school rules before being allowed to come into the schools. This is carefully monitored, and billing is between the parent and the family.**



# Four Components of a Comprehensive School Counseling Program As recommended by TEA

	<u>Elem/Interm level</u>	<u>Middle and HS</u>
1. Guidance Curriculum	35-45%	15-25%
2. Individual Planning	30-40%	25-35%
3. Responsive Services	5-10%	25-35%
4. System Support	10-15%	15-20%



# Guidance Curriculum

**Counselors provide guidance content in a systematic way to all students through classroom/or small group activities.**

**Purpose: awareness, skill development, and application needed for the following 3 development areas:**

- 1. Learning to live**
- 2. Learning to learn**
- 3. Learning to work**

**Issues Addressed: Self confidence, motivation to achieve, decision making, goal setting, planning, problem solving skills, interpersonal effectiveness, communication skills, cross-cultural effectiveness and responsible behavior**

**Counselor Role: Guidance Consultation, program implementation, facilitation**



# Individual Planning

**Assists students in monitoring and understanding their development for the next-step decisions.**

**Purpose: Student planning and goal setting**

**Issues Addressed:**

- **Personal/Social - Development of healthy self concept, of both short and long term goals**
- **Academic - Acquisitions of study skills, awareness of educational opportunities, appropriate course selection, lifelong learning and utilization of test scores**
- **Career - Knowledge of career opportunities, of occupational training, of labor market information and development of education/career path**

**Counselor Role: Guidance, Consultation, Assessment, Placement**



# Responsive Services

Addresses the immediate concerns of students

**Purpose:** Prevention, Intervention

**Issues Addressed:**

- **Personal/Social** - Relationships, abuse, grief, loss, death, substance abuse, family problems/concerns, coping skills
- **Academic** - Tardiness, absences and truancy, school and classroom conduct, dropout prevention

**Counselor Role:** Counseling, Consultation, Coordination, Referral



# System Support

**Includes program and staff support activities and services**

**Purpose: Program delivery and support**

**Issues Addressed:**

**Guidance program development, Parent education, Teacher/administrator consultation, Staff development for educators, School improvement planning, Counselor professional development, Research and publishing, Community outreach, Public relations, Funding and budget**

**Counselor Role: Program management, Consultation, Coordination**





# CSISD Guidance Counselor Staffing

<b>Elementary Schools</b>	<b>1 counselor per school – 600 plus students</b>
<b>Intermediate Schools</b>	<b>1 counselor per school – 700 to 750 students</b>
<b>Middle Schools</b>	<b>1 counselor per school – 700 plus students</b>
<b>Comp High Schools</b>	<b>4 counselors per school – 500 students</b>
<b>College View</b>	<b>1 dean of students – 80 students</b>
<b>At Large</b>	<b>2 LPC's (licensed professional counselor) on call to support schools/head start</b>



# How do we spend our time in CSISD?

## Elementary/Intermediate

## Middle School/High School

- |                       |                 |                 |
|-----------------------|-----------------|-----------------|
| • Guidance curriculum | 20-45% (35-45%) | 5% (15-25%)     |
| • Responsive services | 10-40% (30-40%) | 30-45%(25-35%)  |
| • Individual planning | 10-35% (5-10%)  | 30-45% (25-35%) |
| • System support      | 10-45% (10-15%) | 10-20% (15-20%) |

Other duties include: Coordination of Testing, 504 and RTI



# Middle and High School required activities

## Required by law to cover:

- Dating violence
- Bullying
- AED/CPR experience - not certification
- How to interact with a police officer

## Some campuses run guidance groups in the following areas:

- Death of a loved one
- Parent's divorce
- Substance abuse/ smoking cessation
- Academic troubles
- Self concept
- Support for those with a parent deployed or incarcerated



# All Counselors cover

## Staff trainings in:

- **Bullying**
- **Child abuse recognition**
- **Scheduling**
- **Dating Violence**
- **Positive interactions with police officers**
- **AED/CPR experience**
- **Data disaggregation and interpretation**
- **Student academic assistance/504, special education, E S L (modification of lessons & support)**



# Program Challenges

## **Student ratios:**

**CSISD averages 1 counselor for every 500 to 700 students – 250 to 350 recommended by TEA**

**TIME to meet the individual needs of students and families and to plan guidance programs**

## **Emotional/academic aftermath of Covid-19**

**State-mandated testing responsibilities 504 coordination / RTI**

**Master schedule development**

## **Alternative options for students:**

- **testing out**
- **Homeschooling/virtual school network/online programs/correspondence courses**



# Comments/Questions?

